Section: Di

Division of Nursing

# PROCEDURE

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## HACKETTSTOWN REGIONAL MEDICAL CENTER

## **MONITOR TECH'S MANUAL**

(Scope)

# TITLE: PHYSICIAN NOTIFICATION OF RHYTHM CHANGES

**PURPOSE:** To outline the procedure to make physicians aware of significant changes in patient's cardiac rate and rhythm.

#### EQUIPMENT

LIST:

- 1. Telemetry Transmitter
  - 2. Central Station
  - 3. Black pen

#### CONTENT:

## PROCEDURE STEPS

- 1. Observe patient's rate and rhythm via Central station.
- 2. Obtain rhythm strips detailing alterations in cardiac rate and rhythm.
- 3. Interpretation of rhythm strip performed and recorded.
- 4. Telemetry Tech informs RN of patient with an arrhythmia.
- 5. Monitor Tech will document interpretation noting the date/time of the event and the name of nurse that received the rhythm change information.
- Physicians will be notified by the RN of rate and/or rhythm changes in desired time from no greater than 10 – 15 minutes post changes.
- 7. Rhythm changes will be identified and documented by the primary nurse in the EMR as well as the physician notification.
- 8. Any orders received from the physician will be written on the physician order form and communicated to monitor tech when appropriate.

#### **KEY POINTS**

- a. Continual visual assessment of patient's cardiac rate/rhythm.
- b. Rhythm strips obtained q 4 hours and PRN.
- a. Automatic strips obtained when alarm parameters are exceeded.
- b. Manual strips to be obtained by Telemetry Tech or Critical Care nursing staff.

Telemetry Tech will complete for patients housed in PCU and Med-Surg. ICCU nursing staff shall perform rhythm interpretation.

Use two patient identifiers when notifying RN of changes.

Communication with the physician is essential to ensure optimum patient care and treatment.